

September 2005

"A Place to Grow in Peace and Truth Through Love and Understanding"

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# A Spiritual Center

**Thanks to all our volunteers:**  
Golden, Lynn, Brad, Joseph,  
Bob, Emilie, Marie, and A.J.

**Special Thanks:**

Thanks to our August speakers:  
Shelley and Tom Negelow, Kim  
Ellen Bartlett and Michael Abdo.  
Special thanks also to Lee Shapiro  
for donating the Peace Painting to  
the Center.

True success is overcoming  
the fear of being unsuccessful.  
—— Paul Sweeney

True intelligence op-  
erates silently. Still-  
ness is where creativ-  
ity and solutions to  
problems are found.  
—— Eckhart Tolle

Next newsletter items must be  
submitted no later than the  
22nd of this month.

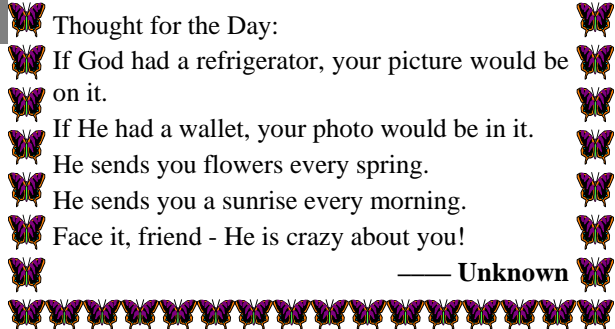
Fax 945-8815  
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E-mail  
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Website  
www.aspiritualcenter.org

Join Us For Services  
Sundays at 10:00 AM  
Social Time Gathering at 9:45 AM  
Services Start at 10:00 AM Sharp

Imagine as you walk out into nature that you look around and you not only sense and see the beauty of a sunset or the beauty of the forest but, all of a sudden, it's not you in the forest, it's one dance of spirit.



Thought for the Day:  
If God had a refrigerator, your picture would be on it.  
If He had a wallet, your photo would be in it.  
He sends you flowers every spring.  
He sends you a sunrise every morning.  
Face it, friend - He is crazy about you!

—— Dr. Roger Teal

You are an Angel, and your life is your message.

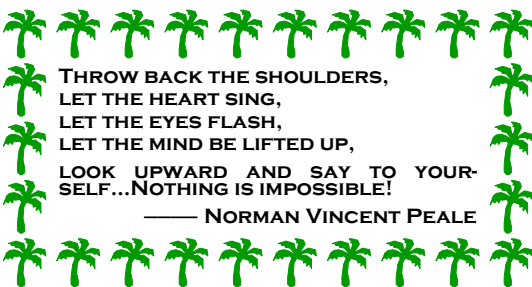
—— Don Miguel Ruiz

Age is not the flight of years, but the dawn of wisdom.  
Wisdom is an awareness of the tremendous spiritual pow-

ers in your subconscious mind and the knowledge of how to apply these powers to lead a full and happy life. Get it out of your head once and for all that 65, 75, or 85 years of age is synonymous with the end for you or anybody else. It can be the beginning of a glorious, fruitful, active, and most productive life pattern, better than you have ever experienced. Believe this, expect it, and your subconscious will bring it to pass.

—— Joseph Murphy

This sky where we live  
Is no place to lose your wings,  
So Love, Love, Love  
—— Hafiz of Shiraz (1230-1291)



THROW BACK THE SHOULDERS,  
LET THE HEART SING,  
LET THE EYES FLASH,  
LET THE MIND BE LIFTED UP,  
LOOK UPWARD AND SAY TO YOUR-  
SELF...NOTHING IS IMPOSSIBLE!  
—— NORMAN VINCENT PEALE

**The Universe Corner**

You will live forever.  
You will live forever.  
You will live forever.  
OK?

Kind of puts everything  
else into perspective, huh?

The Universe  
—— Mike Dooley

## Sunday Inspirational Services

Sunday, September 4th: Open Discussion or short film

Sunday, September 11th: Guest Speaker Joe Goodman

Sunday, September 18th: Guest Speaker Vicki Falcone

Sunday, September 25th: Guest Speaker Michael Abdo

**“Perfect Harvest” Equinox and Sacred Healing Water Ceremony** - Sunday, September 18. You will receive a blend of sacred water from Lourdes, Fatima and other Holy sites around the world. Bring a full gallon jug of water. This transfer of healing water is a “starter” so you can continue the sacred vibration for ongoing usage . \$10. Contact Golden (963-5516).

**Bi-Annual Organizational Meeting** - Sunday, September 25 after service. Please participate in choices and decisions for our Center. Snacks provided. Contact Golden (963-5516).

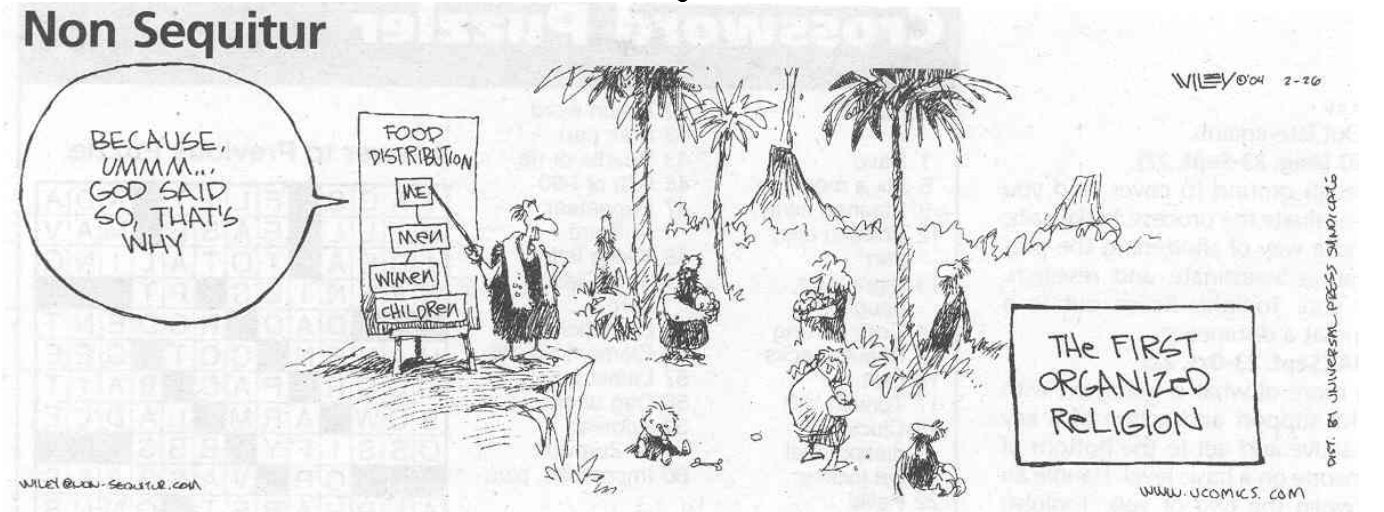
**Yoga** - Wednesdays, September 7, 14, 21, & 28. 5:00 - 6:15 PM. Contact Jolie at 704-1464.

**Music Together** - Mondays, September 12, 19, & 26, 10:00 AM for 10 weeks. Music for young kids and parents. Contact Annie at 963-1482.

**Iyengar style Yoga** - Mondays, September 12, 19, & 26, 5:30-7 PM AND Thursdays, September 1, 8, 15, 22, & 29. Contact Jeff Jackson 704-1442 ext 27 or 704-0257.

**Ahead: “Bigger, Greener Caterpillar and Beautiful Multicolored Butterfly”** - on Tuesdays at 6:45 PM beginning in October. A course for success, satisfaction and your Soul’s fulfillment. Golden 963-5516.

### Non Sequitur



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# September 2005

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 5:30 - 7:00 PM Iyenger Style Yoga	2	3
4 10:00 AM Inspirational Service  Open Discussion or Short Film	5	6	7 5:00 - 6:15 PM Jolie's Yoga	8 5:30 - 7:00 PM Iyenger Style Yoga	9	10
11 10:00 AM Inspirational Service  Guest Speaker Joe Goodman	12 10:00 AM "Music Together".  5:30 - 7:00 PM Iyenger Style Yoga	13	14 5:00 - 6:15 PM Jolie's Yoga	15 5:30 - 7:00 PM Iyenger Style Yoga	16	17
18 10:00 AM Inspirational Service Guest Speaker <u>Vicki Falcone</u> 1:00 PM "Perfect Harvest" Equinox Ceremony	19 10:00 AM "Music Together"  5:30 - 7:00 PM Iyenger Style Yoga	20	21 5:00 - 6:15 PM Jolie's Yoga	22 5:30 - 7:00 PM Iyenger Style Yoga	23	24
25 10:00 AM Inspirational Service Guest Speaker <u>Michael Abdo</u> Organizational Meeting After Service	26 10:00 AM "Music Together"  5:30 - 7:00 PM Iyenger Style Yoga	27	28 5:00 - 6:15 PM Jolie's Yoga	29 5:30 - 7:00 PM Iyenger Style Yoga	30	