

What's up?

Sunday, July 2nd—Discussion

Sunday, July 9th—Guest Speaker, Golden

Sunday, July 16th— Mike Dooley— Infinite Possibilities

Sunday, July 23rd—Guest Speaker, Sonny Conley, Trenches, Wrenches and Benches

Sunday, July 30th — Guest Speaker, Michael Abdo

Iyengar Style Yoga - Mondays, July 3, 10, 17, 24, 31, 5 :30 - 7:00 PM, Call Jeff Jackson @ 704-1442 ext 27 or 704-0257.

Kundalini Yoga - Wednesdays, July 5, 12, 19, 26, 5:00– 6:15 PM. Call Jolie @ 704-1464.

Energetics of Relationships— 2 Tuesdays July 11th and 18th 6:45— 9:15 PM
Golden 963-5516
Pre- register to receive personal specifics of contracts & cords for 2 relationships in you life.

Fanny Hill Snowmass Village— Thursdays July 6,13,20,27 Outdoor free concerts 6 PM—join us on the lawn: picnic , music & Dancing Golden 963-5516

Sunday July 16th After service “Brown Bag Picnic” at “Old Pond Park” in Basalt on two rivers Road. Bring your own Brown Bag & lets lounge at the river— Golden 963-5576

City Markey Cares:

You can help raise funds by signing up for the City Market grocery card program. Our Spiritual Center receives a donation from City Market every time you shop.

Sign up at Sunday Service.

It costs nothing to participate.

Thank you

JULY 2006

A Spiritual Center

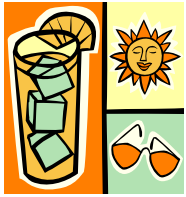
0695 Buggy Circle Carbondale, CO 81923

Phone: 970-963-5516 Fax: 970-945-8815

E-mail: aspiritualcenter@aol.com

www.aspiritualcenter.org

Sun Mon Tue Wed Thu Fri Sat



1

2 3 4 5 6 7 8

10:00 AM 5:30—7:00 PM 5:00-6:15 PM

Inspirational Services Iyenger Style Yoga Kundalini Yoga

Open Discussion

9 10 11 12 13 14 15

10:00 AM 5:30—7:00 PM 6:45-9:15 PM 5:00-6:15 PM

Inspirational Services Iyenger Style Yoga *Energetics of* Kundalini Yoga

Guest Speaker *Relationships*

Golden

16 17 18 19 20 21 22

10:00 AM 5:30—7:00 PM 6:45-9:15 PM 5:00-6:15 PM

Inspirational Services Iyenger Style Yoga *Energetics of* Kundalini Yoga

Mike Dooley *Relationships*

Infinite Possibilities'

23 24 25 26 27 28 29

10:00 AM 5:30—7:00 PM 5:00-6:15 PM

Inspirational Services Iyenger Style Yoga Kundalini Yoga

Guest Speaker

Sonny Conley

30 31

10:00 AM 5:30—7:00 PM

Inspirational Services Iyenger Style Yoga

Guest Speaker

Michael Abdo