

"A Place to Grow in Peace and Truth Through Love and Understanding"

A Spiritual Center January 2006

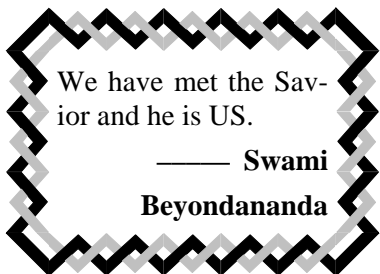
P.O. Box 2362, Basalt, CO 81621 0695 Buggy Circle, Carbondale, CO Telephone 963-5516

Thanks to all our volunteers:

Golden, Lynn, Brad, Joseph, Bob, Emilie, Marie, Linda and A.J.

Special Thanks:

Thanks to our December speakers: Deanna Raso, Rita Marsh and Michael Abdo. Special thanks also to Emilie for the Solstice ceremony / party. Thanks to Linda & Brad for hosting the New Years Eve party.



Each day comes bearing its own gifts. Untie the ribbons.

— Ruth Ann Schabacker

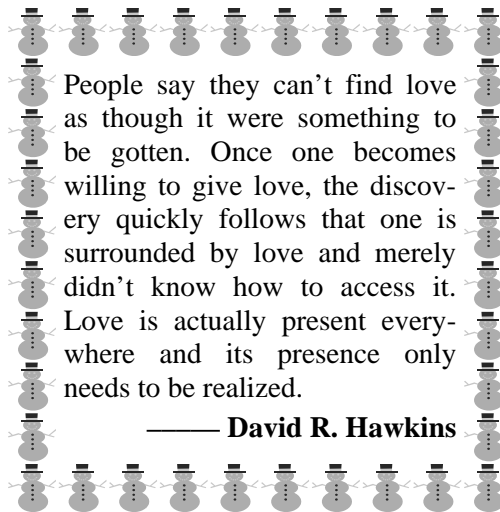
Next newsletter items must be submitted no later than the 22nd of this month.

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Join Us For Services Sundays at 10:00 AM Social Time Gathering at 9:45 AM Services Start at 10:00 AM Sharp



Everything has its wonders, even darkness and silence, and I learn, whatever state I may be in, therein to be content.

— Helen Keller

I am a pencil in the hand of God who is writing a love letter to the world.

— Mother Theresa

When was the last time you embraced a situation that you didn't like? Did you complain through the entire experience or did you run away from the situation altogether? If you did either, you missed a wonderful opportunity to be something that you've never

been before....It just might have been that one thing that you had been wishing for."

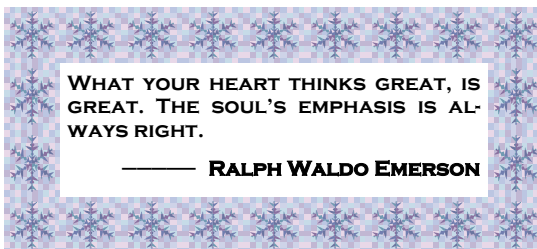
— Les Brown

There is a force within that gives you life - Seek that. In your body there lies a priceless jewel - Seek that. Oh, wandering Sufi, if you are in search of the greatest treasure, don't look outside, Look within, and seek That.

— Jalaluddin Rumi

It's possible to mend our world only by finding the courage to mend ourselves.

— Dr. Sonya Friedman



The Universe Corner

It's always been my intention that one day you'd inherit the earth, have dominion over all things, and thoroughly 'kick butt'.

How does today sound?

Think of it,
The Universe

— Mike Dooley

Sunday Inspirational Services

Sunday, January 1st: Open discussion or short film

Sunday, January 8th: Guest Speaker Gwen Garcelon

Sunday, January 15th: Open discussion or short film

Sunday, January 22nd: Guest Speaker Sonny Conley

Sunday, January 29th: Guest Speaker Michael Abdo, Spiritual Counselor

New Tuesday Class With Golden - "See Your Life Through Spiritual Principles - Useful ways to discover and create more value within every kind of circumstance in your life." Tuesdays for 9 weeks beginning January 17, 24 & 31 at 6:45-8:45 PM. Contact Golden at 963-5516.

Numerology Class With Deanna - Saturday, February 18th. Watch for more info in next month's newsletter.

Want to Go Together on a Downhill Ski Day? - For Mondays or Tuesdays contact Heather at 963-8757. For Saturdays or Sundays contact Emilie at 384-0185.

Kundalini Yoga - Wednesdays, January 4, 11, 18, & 25. 5:00 - 6:15 PM. Contact Jolie at 704-1464.

Iyengar Style Yoga - Mondays, January 2, 9, 16, 23 & 30, 5:30-7:00 PM. Contact Jeff Jackson 704-1442 ext 27 or 704-0257.

Susan Hayward Course - Wednesdays, January 11, 18, & 25, 6:30 PM. Contact Susan at 963-1878.

Lunch at Exclamation Point !!!! - Sunday, January 22, 12:15-ish. Meet at Two Rivers Park in Glenwood Springs to take the tram up to Exclamation Point Restaurant for lunch together.

HAPPY NEW YEAR!!!

A Spiritual Center Calendar

January 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 AM Inspirational Service Open Discussion or Short Film	2 5:30 - 7:00 PM Iyenger Style Yoga	3	4	5	6	7
8 10:00 AM Inspirational Service Guest Speaker Gwen Garcelon	9 5:30 - 7:00 PM Iyenger Style Yoga	10	11 5:00 - 6:15 PM Kundalini Yoga <hr/> 6:30 PM Susan Hayward Class	12	13	14
15 10:00 AM Inspirational Service Open Discussion or Short Film	16 5:30 - 7:00 PM Iyenger Style Yoga	17 6:45 - 8:45 PM Class "See Your Life Through Spiritual Principles"	18 5:00 - 6:15 PM Kundalini Yoga <hr/> 6:30 PM Susan Hayward Class	19	20	21
22 10:00 AM Inspirational Service Guest Speaker <u>Sonny Conley</u> 12:15 PM Lunch at Exclamation Point	23 5:30 - 7:00 PM Iyenger Style Yoga	24 6:45 - 8:45 PM Class "See Your Life Through Spiritual Principles"	25 5:00 - 6:15 PM Kundalini Yoga <hr/> 6:30 PM Susan Hayward Class	26	27	28
29 10:00 AM Inspirational Service Guest Speaker Michael Abdo	30 5:30 - 7:00 PM Iyenger Style Yoga	31 6:45 - 8:45 PM Class "See Your Life Through Spiritual Principles"				