

What's up?

Sunday, December 2nd- Open Meeting
Sunday, December 9th– Guest Speaker –Michael Abdo
Sunday, December 16th– Solstice Ceremony with Julie Hart
Sunday, December 23rd—Bring Holiday Songs
Sunday, December 30th– CD or Video

Yoga & Movement- **Sundays**, December 2,9,16,23,30, 8:30 AM - 9:30 AM Energize your body, clear your mind & set your intentions for your day. **Bring your own mat, Fee \$10.00** call Fran 927-0641

Class— Tuesdays, December 4th and 11th Only, Golden 963-5516

Pot Luck— Saturday, December 8th 6-9 PM @ Shirley's 601 21st Street Glenwood Springs — near Valley View Hospital. 945-9045

Sunday December 9th Bring your gifts wrapped to/ persons name label & we'll get them distributed to the deserving families the next week. Thanks so much for sharing your joy with these families.

Deeksha, Sunday—December 16th 1– 2 PM Julia 15.00

Wanted

A working VCR, contact Golden 963-5516

Subject: Opportunity to Give Back





Here is an opportunity to tithe your time and give back to the Spiritual Center. We are looking for 1 more volunteer to make up our housekeeping team. You would only have to clean **once a month**. This would be from now until our next Organizational Mtg. at the end of March. It involves approx 1-1 1/2 hrs each time. Flexible schedule and others to trade time w if there is a time you are away.

The Spiritual Center needs your support, here is a way to contribute that does not require a large commitment.

To sign up or for more information contact me @ cschmidt@bigplanet.com or call 618-3152

Cheryl
'Housekeeping Coordinator'

December 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Open Meeting <i>Yoga with Fran</i> 927-0641 8:30 AM	3	4 Workshop Living in the Realms of your Higher Self 6:45PM -9:00 PM Golden 963-5516	5 	6	7	8 Pot Luck Shirley's 945-9045
9 Guest Speaker Michael Abdo <i>Yoga with Fran</i> 927-0641 8:30 AM	10	11 Workshop Living in the Realms of your Higher Self 6:45PM -9:00 PM Golden 963-5516	12	13	14	15
16 Solstice Cele- bration Julie Hart DEEKSHA 1-2 PM <i>Yoga with Fran</i> 927-0641 8:30 AM	17	18	19	20	21	22
23 Bring Holiday Songs <i>Yoga with Fran</i> 927-0641 8:30 AM	24	25  <i>Wesołych Świąt Bożego Narodzenia</i>	26  KWANZAA	27	28	29
30 CD or Video Tape <i>Yoga with Fran</i> 927-0641 8:30 AM	31					

A Spiritual Center

0695 Buggy Circle Rm. 205

Carbondale, CO 81623

Mail:

Joseph Hoodman

218 E. Valley Road Ste 104-337

Carbondale, CO 81623

Last Year the proposed rent increase stimulated a sincere evaluation of our center and its future. The results were heartwarming. Everyone expressed their appreciation for the center and its role in their lives and for this valley. Willingness to assist with donations and volunteerism was offered. As a result our Sunday donations and volunteerism increased. Intentions DO manifest!

Unfortunately that focus on contributions was temporary. Yet our expenses and needs are ongoing. Consistent support of our center is essential to our well-being.

During the brainstorming meetings, it was suggested that some members would like to sign a "commitment note" --- to set their intention for donations to "A Spiritual Center"-- knowing that that also activates an "echo effect" through the "Law of Circulation" and thus brings more good back into their own lives too. The "Law of Circulation" sets the circle: what you are committed to giving is your magnet for receiving as well. Consistent giving = consistent receiving. Affluence is defined as Free Flow!

It was suggested we offer a "card of intent", available so members can stimulate the flow of money both to the center and into their lives. Some participants wanted an automatic monthly withdrawal from their account. ALL of this is an invitation, not an obligation.

If you would like to sign a "card of intent" for the year 2008, please fill in the form be. If you would like to do a monthly withdrawal contribution, please fill in those items. The donation basket is, of course, available every Sunday.

Truly, your presence and participation, your sharing and serving at ASC, in whatever ways are right for you, is deeply appreciated and valued by all. Thank you.

1. My 2008 pledge to the operating fund of "A Spiritual Center" will be _____ monthly.

Signed _____. I will bring this amount for the donation basket OR mail it to the address below.

2. I authorize "A Spiritual Center" to initiate withdrawals from my account as described here:

\$_____ withdrawn monthly during the calendar year 2008.

Account number: _____

Bank name: _____

Bank address _____

Please attach a voided check as we need the routing # etc.

This authority is to remain in effect until "A Spiritual Center" has received both verbal and written notification from me of its termination.

Signed _____ - _____ date _____

Please give your signed statement to Joe or Golden and we will get the ball rolling so that the spiritual laws of abundance can be activated on behalf of our spiritual family at the center.

Thank you.

Mail to:

Joseph Goodman

218 E. Valley Road, Ste104-337

Carbondale, CO 81623