

What's up?

Sunday, December 3rd— Guest Speaker Joseph
Sunday, December 10th— Guest Speaker Golden
Sunday, December 17th— Guest Speaker Barb Forest
Sunday, December 24th— Guest Speaker Michael Abdo
Sunday, December 31st— Open Discussion

Kundalini Yoga - Wednesdays, November 6,13,20,27, 4:00– 5:30 PM. Call Jolie @ 704-1464.

Drawing Class - Thursday, December 7th only, 12:30 PM—3:30 PM
Alice Gustafson 928-8602

Sunshine Yoga - Sundays December 3,10,17,24,31. 8:30 AM - 9:30 AM Energize your body, clear your mind & set your intentions for your day. **Bring your own mat, NO FEE** call Malika 948-3315

“Work the power of thought so it works for you” Tuesday, December 5th Last Class— Golden 963-5516

Solstice Celebration— Saturday, December 23rd, at 4 PM at Donna Lee Halls' house 30 Lazy Glen, Snowmass. 927-5373. Bring snack to share, item to charge on altar (will be returned to you). **Limited parking, carpool from Center meet at 3:30—Call Golden to arrange 963-5516**

Workshop -“Transcend the chaos and celebrate the love”`Thursdays, December 7, 14, ands 21st 6:30 PM call Susan Hayward 963-1878

Notes from the universe - *Mike Dooley*

Actually, you don't have to tell me what you want, I already know.

You don't even have to tell me why you want it. That you do, is enough.

And please don't ask how I'm going to do it. There's always a way.

But I certainly wouldn't mind the occasional, *"Yeeeeee-haaaaaaa, hallelujah, amen brothers and sisters!"* You know, kind of a 'thank you,' in advance.

Thank you,
The Universe






December 2006



A Spiritual Center

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 10:00 AM Inspirational Services Guest Speaker Joseph Sunshine Yoga 8:30 AM- 9:30 AM Malika 948-3315	4	5 6:45-9 PM Workshop Golden 963-5516	6 4:00-5:30 PM Kundalini Yoga Jolie 704-1464	7 12:30 PM Drawing Class Alice 928-8602 Workshop with Susan Hayward 6:30 PM 963-1878	8	9
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