

# A Spiritual Center Newsletter

"A Place to Grow in Peace and Truth Through Love and Understanding"

P. O. Box 2362  
Basalt, CO 81621

August 2005

0695 Buggy Circle, Carbondale, CO

Telephone 963-5516

## Thanks to all our volunteers:

Golden, Lynn, Brad, Joseph,  
Bob, Edgar, Emilie, Marie,  
Susana, Camille and A.J.

## Special Thanks:

Thanks to our July speakers:  
Lee Shapiro and Carol Warner.  
Special thanks also to Jan Garrett  
and J.D. Martin for their musical  
presentation, to Bob for hosting  
Sunday service at Marblestock and  
to all who helped Linda move.

Some things have to be be-  
lieved to be seen.

— Ralph Hodgson

Without the assistance  
of the Divine Being...I  
cannot succeed. With  
that assistance, I can-  
not fail.

Abraham Lincoln

Next newsletter items must be  
submitted no later than the  
22nd of this month.

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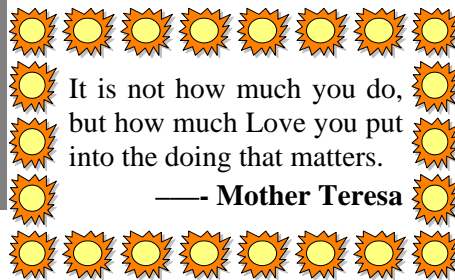
Website  
www.aspiritualcenter.org

## Join Us For Services

Sundays at 10:00 AM

Social Time Gathering at 9:45 AM

Services Start at 10:00 AM Sharp



If humankind would accept and acknowl-  
edge its responsibility and become crea-  
tively engaged in the process of evolution,  
consciously as well as unconsciously, a  
new reality would emerge, and a new age  
could be born. — Jonas Salk

If you want to see the brave, look at those  
who can forgive. If you want to see the

heroic, look at those who can love in return for hatred. — The Bhagavad Gita

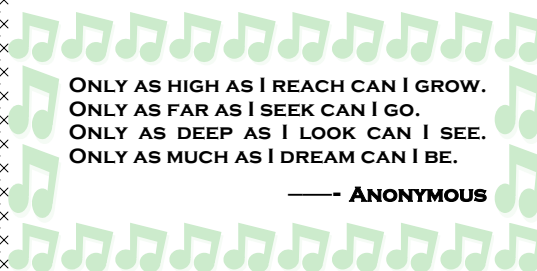
We can deny our hearts or we can deny our limits. — Anonymous

Love is all we have, the only way that each can help the other. — Euripides

Love, like a flame, cannot fail to give out light. — Hazard Inayat Khan

Lose this day loitering -- 'twill be the same story  
Tomorrow -- and the next more dilatory;  
Each indecision brings its own delays,  
And days are lost lamenting o'er lost days.  
Are you in earnest? Seize this very minute --  
Boldness has genius, power and magic in it.  
Only engage, and then the mind grows heated --  
Begin it, and then the work will be completed!

Johann Wolfgang von Goethe



## The Universe Corner

The best way to deal  
with other people... is  
just to let them be  
other people.

After all, that's how  
you want them to deal  
with you.

The Universe  
—Mike Dooley

## *Sunday Inspirational Services*

**Sunday, August 7th: Guest Speakers Shelly and Tom Negelow (authors, workshop facilitators)**

**Sunday, August 14th: Guest Speaker Kim Ellen Bartlett (Traditional Acupuncturist)**

**Sunday, August 21st: Guest Speaker Michael Abdo (former monk, spiritual counselor)**

**Sunday, August 24th: Open Discussion or short film**

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**Mindfulness Meditation**, Mondays, August 1 and 22 (2 only). Intermediate level at 5:15 - 6:45 PM. Introductory level at 7:00 - 8:30 PM. Love donation. Contact Peter Williams at (970) 209-6780.

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**Horseback Ride** - Saturday, August 13. At Sunlight Ski Area. Meet at the Sunlight Inn (at ski area) at 11:00 AM. Ride lasts about 1 hour through beautiful area. \$30. You must reserve your horse with Golden (963-5516) by Tuesday, Aug. 9.

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**Susan Hayward** - Wednesdays, August 3 & 10, 6:30 - 9:30 PM. 963-1878.

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**Yoga** - Wednesdays, August 3, 10, 17, 24 & 31. 5:00 - 6:15 PM. Contact Jolie at 704-1464.

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**Snowmass Village (Fanny Hill) Free Outdoor Concerts.** There are 4 concerts planned for August. Meet at 5:45-ish. Come play and picnic with us. Dancing optional. Contact Golden at 963-5516. Lineup: Aug. 4 - Bluesiana; Aug. 11 - The Subdudes; Aug. 18 - Jackie Greene; Aug. 25 - Bayou Swamp Band.

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**Iyengar style Yoga** - Thursdays August 4, 11, 18, 25, 5:30-7 PM. Contact Jeff Jackson 704-1442 ext 27 or 704-0257.

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# A Spiritual Center

# August 2005

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> Mindfulness Meditation Intermediate 5:15 - 6:45 PM Introductory 7:00 - 8:30 PM	<b>2</b>	<b>3</b> 5:00 - 6:15 PM Jolie's Yoga  6:30 - 9:30 PM Susan Hayward	<b>4</b> 5:30 - 7:00 PM Iyenger Style Yoga  6:00 PM Fanny Hill Concert	<b>5</b>	<b>6</b>
<b>7</b> 10:00 AM Inspirational Service  Guest Speakers Shelly & Tom Negelow	<b>8</b>	<b>9</b>	<b>10</b> 5:00 - 6:15 PM Jolie's Yoga  6:30 - 9:30 PM Susan Hayward	<b>11</b> 5:30 - 7:00 PM Iyenger Style Yoga  6:00 PM Fanny Hill Concert	<b>12</b>	<b>13</b> 11:00 AM Horseback Ride at Sunlight
<b>14</b> 10:00 AM Inspirational Service  Guest Speaker Kim Ellen Bartlett	<b>15</b>	<b>16</b>	<b>17</b> 5:00 - 6:15 PM Jolie's Yoga	<b>18</b> 5:30 - 7:00 PM Iyenger Style Yoga  6:00 PM Fanny Hill Concert	<b>19</b>	<b>20</b>
<b>21</b> 10:00 AM Inspirational Service  Guest Speaker Michael Abdo	<b>22</b> Mindfulness Meditation Intermediate 5:15 - 6:45 PM Introductory 7:00 - 8:30 PM	<b>23</b>	<b>24</b> 5:00 - 6:15 PM Jolie's Yoga	<b>25</b> 5:30 - 7:00 PM Iyenger Style Yoga  6:00 PM Fanny Hill Concert	<b>26</b>	<b>27</b>
<b>28</b> 10:00 AM Inspirational Service  Open Discussion or Short Film	<b>29</b>	<b>30</b>	<b>31</b> 5:00 - 6:15 PM Jolie's Yoga			