

What's up?

Sunday, June 4th—Discussion

Sunday, June 11th -Toni on Labyrinths

Sunday, June 18th—Barry Chapman Live Entertainment

Sunday, June 25—Mike Dooley CD infinite Possibilities

Iyengar Style Yoga - Mondays, June 4, 11, 18, 25, 5 :30 - 7:00 PM, Call Jeff Jackson @ 704-1442 ext 27 or 704-0257.

Kundalini Yoga - Wednesdays, June 7, 14,21,28, 5:00– 6:15 PM. Call Jolie @ 704-1464.

Self Mastery Course— Tuesday, June 6, 6:45– 9:00PM For information call Golden 963-5516.

MEDITATIONS by Ernest Holmes, The Science of Mind Page 561

I Am Not Bound by Any Mistake

Let us now let go of everything and enter into the consciousness of that which we believe. The spirit within each one of us is GOD, and It is perfect, It is love, reason, life, truth and beauty. It is limitless and perfect and complete and whole. It knows no lack and no limitation.

There is nothing we have done, said or thought which limits us; there is no memory of fear, no condemnation for previous mistakes. With the desire to free ourselves from the further indulgence in the mistake, the effect of the previous mistake is wiped out, just as light dissipates darkness. The Universe holds nothing against us; because It can know nothing unlike Itself Therefore, It only knows us as perfection. There has never been an occurrence for which we have to suffer! Consequently, every apparent shortcoming---which could be traced to some mental or spiritual infringement of the Law---is not only removed *but the effect is healed!*

That means there is no history to our case. All of its history is this minute wiped out in the knowledge that today the perfect Law—the Law of Freedom---is the only Law there is in our experience. We enter into that freedom with joy, free from every sense of sadness and burden. We enter into it with laughter, with lightness. It is something which lifts us above the heaviness of morbidity and lack and limitation, into that rarer atmosphere where our opinions do not collide, and we enter into it with peace, free from fear.

We know that the Infinite Wholeness is in us and through us and around us now, and we are conscious that we are renewed this moment, instantly and perfectly, after the image of Perfection. We are today guided into right action in every exercise in our affairs. Since there is no great and no small to the infinite, all that seems of little consequence in our lives has Divine Guidance just as perfectly and completely as that which we think of as being tremendously important. We are guided into the knowledge of happiness, of certainly, of wholeness and of freedom; and we know that there is that subtle Essence of the Spirit, which emanates from us at all times, healing everything It contacts.

I Am Not Bound by Any Mistake



JUNE 2006

A Spiritual Center

0695 Buggy Circle Carbondale, CO 81923

Phone: 970-963-5516 Fax: 970-945-8815

E-mail: aspiritualcenter@aol.com

www.aspiritualcenter.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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4 10:00 AM Inspirational Services Open Meeting	5 5:30—7:00 PM Iyenger Style Yoga	6 6:45-9:00PM <i>Science of Mind</i> "Self Mastery" Course	7 5:00-6:15 PM Kundalini Yoga	8	9	10
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11 10:00 AM Inspirational Services Toni On Labyrinths	12 5:30—7:00 PM Iyenger Style Yoga	13	14 5:00-6:15 PM Kundalini Yoga	15	16	17
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18 10:00 AM Inspirational Services Barry Chapman Live Music	19 5:30—7:00 PM Iyenger Style Yoga	20	21 5:00-6:15 PM Kundalini Yoga	22	23	24
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25 10:00 AM Inspirational Services Mike Dooley CD Infinite Possibilities	26 5:30—7:00 PM Iyenger Style Yoga	27	28 5:00-6:15 PM Kundalini Yoga	29	30	
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